

Strawberry Frozen Yogurt

Read it! (Read your recipe all the way through before you begin!)

Place it! (Get everything out and ready to cook.)

Ingredients:

4 cups frozen strawberries
3 Tablespoons honey
1/2 cup plain yogurt non-fat
1 Tablespoon fresh lemon juice

Create it! (Time to COOK!)

1. Add the frozen strawberries, honey, and yogurt and lemon juice to the bowl of a food processor.
2. Process until creamy, about 5 minutes.
3. Serve the frozen yogurt immediately or transfer it to an airtight container and store it in the freezer for up to 1 month.