

# Chocolate Chip Cookie Dough Dip

Read it! (Read your recipe all the way through before you begin!)

Place it! (Get everything out and ready to cook.)

## Ingredients:

- 1  $\frac{1}{2}$  cups cooked cannellini beans (1 15 oz. can, drained and rinsed well)
- 2 Scant  $\frac{1}{4}$  tsp salt
- 1/8 tsp baking soda
- 3  $\frac{1}{2}$  tsp vanilla extract
- $\frac{1}{4}$  cup almond butter
- $\frac{1}{4}$  cup milk (more or less to reach desired consistency)
- 3 Tbsp. brown sugar
- 1/3 cup chocolate chips
- 2-3 Tbsp. rolled oats

## Create it! (Time to COOK!)

1. Combine all ingredients except chocolate chips in the bowl of a food processor. Blend until very smooth.
2. Add chocolate chips and blend to mix in.
3. Adjust for desired sweetness and consistency, adding more sugar or milk if needed.
4. Serve with graham crackers and fruit, such as apple slices.
5. Enjoy!